



# THE GIGLIO

BOUTIQUE HOTEL

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## BREAKFAST MENU



### APPLE CRUMBLE CRUMPETS

Crumpets served with a hot spiced apple and raisin compote, topped with ginger crust and Chantilly whipped cream

R110

### NOT YOUR AVERAGE FRENCH TOAST

Crispy bacon rashers and melted matured cheddar, served in between two slices of French Toast accompanied with the showstopper:

A Homemade Pineapple, Ginger and Red Chilli compote

R110

### CREAMY MUSHROOMS ON TOAST

Sliced seasonal mushrooms cooked in a creamy sauce with a hint of blue cheese, served on toasted bread of your choice, topped with Parmesan shavings, wild rocket and your choice of egg

R110

### THE GIGLIO EGGS BENEDICT

Poached Eggs served on an English Muffin with wilted spinach and topped with hollandaise sauce

Ham or Bacon - R120

Salmon - R140

### SMOKED SALMON RÖSTI

Smoked Salmon Trout, and sliced avocado, dressed in a wholegrain Mustard, horseradish, Dill Crème fresh, topped with choice of egg and garnished with chopped spring onion & chives.

Served on the bread of your choice or on a Homemade Potato Rösti

R140

### HEARTY OR HEALTHY HADDOCK

Smoked Haddock poached in milk, topped with a poached egg, cheese sauce and chives, served on a bed of wilted spinach, English Muffin or Homemade Potato Rösti

R130



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#### RESPONSIBLE FOOD PROCUREMENT

We are pleased to share with you that **all our eggs** are sourced from a **genuinely organic and free-range** local farm. We trust that you will notice and enjoy the difference in colour and taste!

Furthermore, we also source practically all of **our leafy vegetables** from an **organic hydroponic farm**.

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## A HEALTHY START

Freshly cut fruit, muesli and yoghurt, accompanied by a fresh fruit juice and a hot beverage of your choice

R110

## CONTINENTAL BREAKFAST

Cold meats and cheeses, fresh fruit salad or sliced fruits, yogurt, pastries, butter, jam, toast

R140

## BERRY DELIGHT

Beautiful layers of creamy plain Greek yogurt, granola, a variety of fresh berries and topped with an optional hint of apple syrup

R120 - Carb Clever Granola

R110 - Healthy Granola

(made with rolled oats and no added sugar - naturally wheat & gluten free)

## COUNTRY BREAKFAST

Breakfast sausage, bacon rashers, mushrooms sautéed, grilled tomato, hash brown potatoes and a choice of eggs (pan-fried, scrambled or poached)

R120

## GIGLIO'S SALMON SCRAMBLE

Scrambled eggs with chives, served with smoked salmon and dash of cream

R140

## OMELETTES

Choice of omelettes (two or three eggs) with the following fillings:

Tomato, onion, cheese, mushrooms, ham, or bacon

R120

## OUR SMASHED AVOCADO

Smashed avocado on health bread served with crispy bacon or smoked salmon (add a poached egg)

R110 – bacon

R140 - Salmon

## THE GIGLIO BACON RÖSTI

Homemade Potato Rösti served with crispy bacon rashers, topped with a creamy mushroom duxelles, rocket, oven roasted cherry tomatoes and choice of egg

R120



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### ALLERGEN STATEMENT

Please be advised that meals prepared in our kitchen may contain these ingredients: milk, eggs, wheat, soybeans, peanuts, tree nuts, fish and shellfish.

Our dishes may contain ingredients prepared in facilities that process tree nuts and peanuts. Before placing your order, please inform us if you, or a person in your party, has a food allergy.

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